

Achiever's Charter Lunch

November 1 - November 30

LUNCH

What's Cooking Today?

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>W/G Chicken Fingers -3 Sweet Potato Fries - 1 1/4c Whole Grain Bread -1 Fresh Banana-1 Milk - 8oz</p> <p>MS QTY- 230 HS QTY- 220</p>	<p>4</p> <p>Beef Nachos w/ Cheddar Cheese Sauce on W/G Tortilla Scoops -1 Celery Sticks w/ Dip- 3/4c Fresh Banana-1 Milk - 8oz</p> <p>MS QTY- 230 HS QTY- 220</p>	<p>5</p> <p>Turkey & Cheese on Wheat Hamburger Bun - 1 Potato Salad Cup - 1c Milk - 8oz</p> <p>MS QTY- 230 HS QTY- 220</p>	<p>6</p> <p>Macaroni & Cheese- 6oz Broccoli Florets- 1c Whole Grain Bread - 1 Fresh Banana -1 Milk - 8oz</p> <p>MS QTY- 230 HS QTY- 220</p>	<p>7</p> <p>W/G Dominos Pizza Slice-1 Romaine Salad w/ Dressing-2c. Fresh Orange-1 Milk - 8oz</p> <p>MS QTY- 260 HS QTY- 300</p>
<p>10</p> <p>Cheese Lasagna with Spaghetti Sauce -4oz Green Beans-1c. Whole Wheat Dinner Roll - 1 Fresh Pear-1 Milk -8oz</p> <p>MS QTY- 230 HS QTY- 220</p>	<p>11</p> <p>All Beef Hamburger on Wheat Hamburger Bun - 1 Sweet Potato Fries - 1 1/4c Fresh Apple-1 Milk - 8oz</p> <p>MS QTY- 230 HS QTY- 220</p>	<p>12</p> <p>All Beef Italian Sub-1 (Beef Bologna, Beef Salami, and Cheese on W/G Sub Roll) Fresh Baby Carrots w/ Dip-1 c. Fresh Pear-1 Milk-8oz.</p> <p>MS QTY- 230 HS QTY- 220</p>	<p>13</p> <p>BREAKFAST FOR LUNCH French Toast Sticks-3 w/Syrup Turkey Sausage Links-3 Black Bean & Corn Salad -1c Fresh Banana -1 Milk - 8oz</p> <p>MS QTY- 240 HS QTY- 200</p>	<p>14</p> <p>W/G Dominos Pizza Slice-1 Romaine Salad w/ Dressing-2c. Fresh Pear-1 Milk - 8oz</p> <p>MS QTY- 260 HS QTY- 300</p>
<p>17</p> <p>All Beef Hot Dog on Wheat Hot Dog Bun - 1 Sweet Potato Fries - 1 1/4c Fresh Pear-1 Milk - 8oz</p> <p>MS QTY- 230 HS QTY- 220</p>	<p>18</p> <p>W/G Popcorn Chicken-3.8 oz. w/ Sweet & Sour Sauce Vegetarian Beans-1c Fresh Apple-1 Whole Grain Bread - 1 Milk - 8oz</p> <p>MS QTY- 230 HS QTY- 220</p>	<p>19</p> <p>Beef Salami and Cheese on a Whole Grain Bread - 1 Romaine Salad w/ Dressing-1.5c. Fresh Orange-1 Milk- 8 oz.</p> <p>MS QTY- 230 HS QTY- 220</p>	<p>20</p> <p>Beef Nachos w/ Cheddar Cheese Sauce on W/G Tortilla Scoops -1 Celery Sticks w/ Dip- 3/4c Fresh Banana-1 Milk - 8oz</p> <p>MS QTY- 250 HS QTY- 320</p>	<p>21</p> <p>W/G Dominos Pizza Slice-1 Romaine Salad w/ Dressing-2c. Fresh Orange -1 Milk - 8oz</p> <p>MS QTY- 260 HS QTY- 300</p>
<p>24</p> <p>W/G Chicken Fingers -3 Sweet Potato Fries - 1 1/4c Whole Grain Bread -1 Fresh Banana-1 Milk - 8oz</p> <p>MS QTY- 230 HS QTY- 220</p>	<p>25</p> <p>W/G Cheese Ravioli w/ Beef Meat Sauce -3oz Corn - 1c Whole Grain Bread - 1 Fresh Apple-1 Milk - 8oz</p> <p>MS QTY- 230 HS QTY- 220</p>	<p>26</p> <p>SCHOOL CLOSED</p>	<p>27</p> <p>Happy Thanksgiving!</p> <p>SCHOOL CLOSED</p>	<p>28</p> <p>SCHOOL CLOSED</p>